

Swim Meet Information

Junior Varsity Meets: JV meets normally involve swimmers that practice with the Little Waves group. These meets are fun and not competitive. They usually involve multiple heats in each event. All swimmers are able to participate in JV meets unless you have scored points for the team in a league Varsity Meet. These meets are best for swimmers who are new to the sport/team and are still trying to understand the sport of swimming. JV swim meets take place on Tuesday mornings.

Varsity Meets: Varsity Meets are competitive and usually involve swimmers that practice with the Big Waves group and the faster swimmers in Little Waves. These meets count toward our league ranking for the season. Swimmers in these meets are among the fastest swimmers in their age group and have prior experience with the sport. Varsity meets take place on Wednesday evenings and only have one heat per event which makes the meet run faster.

Royal Kup: The Royal Kup is an optional swim meet that swimmers of all levels are invited to participate in. This is a unique meet because it involves teams in the Delco League (Aldan, Lansdowne, Clifton) who we wouldn't normally swim against. It takes place at the beginning of the season (June 20th) and is a great event for swimmers who are new to the team or just want another opportunity to race. You **must** sign-up for this event via Google Doc (form will be available soon) in order to be added to the meet line-up.

B-Championship: This is an optional end of the season meet that any swimmer can participate in. You **do not need** to make a qualifying time to sign-up for this meet and you can choose what events you would like to swim. This is a very fun and exciting meet for swimmers who are unable to make A Champs. If your swimmer makes a qualifying time for any event in A Champs, they cannot swim that particular event in B champs. This meet is held on a Saturday at the end of July and usually lasts around four hours.

A-Championship: This is a three-part, qualifying meet. In order to participate in A-Champs, swimmers must make a qualifying time set by the league. A-Champs also includes additional events that we do not swim in league meets. The additional events include: distance freestyle and individual medley. The qualifying times are located on the league website www.ssl-summer.com

Relays are also involved in this meet and some swimmers may be asked to compete in a relay even if they did not make an individual qualifying time for A-Champs.

The first part of A-Champs is the **Distance Free meet**, which is held on a Monday during the last week of the season. The second part of the meet is the **Individual Medley (I.M.)**, which takes place on Wednesday during the last week of the season. Both of these meets are held at different pools.

The main A-Champs meet, which is all of the regular swim events, takes place on the last Saturday of the season at Wallingford Swim Club. Swimmers ages 8-12 will swim in the morning session and 13-18 year olds will swim in the afternoon session.